

Free Health Checks!

Have your Blood pressure, BMI
and more checks done for free!

Also general health information available...
...all aboard the HALE Mobile Outreach Venue!

Have a go at smoothie making - the
easy way towards your 5 a day!



Come and join us from 2:30 - 4:30pm at:

2011

6th December

Trinity All Saints School

8th December

Windhill Primary School

2012

10th January

Denholme Primary School

11th January

Wilsden Primary School

16th January

Glenaire Primary School

18th January

High Crag Primary School

24th January

Burley Oaks Primary School

25th January

ShIPLEY C of E Primary School

26th January

Hirst Wood Primary School

TBC

ShIPLEY / Bingley Town Centre

... on the HALE Mobile Outreach Venue!

Give yourself a FREE Health MOT!