



## Keeping Warm This Winter

As part of Bradford Council's citywide scheme HALE will be distributing free resources to people in your community during poor weather.

## Right Up My Street - Cook & Eat Sessions

We will be running weekly cooking sessions offering **free** hot meals and drinks on our MOV (bus) at the following times and locations:

Ivy Bank Court, Lower Baildon	Tuesdays	14th February - 6th March	11am - 1pm
Knoll Gardens, Baildon	Tuesdays	14th February - 6th March	3pm - 5pm
Crag Road, nr Methodist Church, Windhill	Tuesdays	13th March - 3rd April	11am - 1pm
West Royd Road, Windhill	Tuesdays	13th March - 3rd April	3pm - 5pm
Neville Grange, Saltaire	Fridays	2nd March - 23rd March	11am - 1pm

If you know someone who might benefit from extra support during very cold weather, or know of an organisation working with vulnerable people, please contact HALE on **01274 271088**.

## Warm Homes Distribution Service

Do you need items to help you stay warm at home during the cold weather?

We can provide these **free** of charge:

- Blankets
- Duvets
- Draught excluders
- Warm clothing - hats, gloves, scarves, socks, thermal underwear
- Room thermometers
- Flasks

We also have food parcels for people who are not able to get to the shops.

If you need any of these items to help you stay warm and well please contact HALE on **01274 271088** to arrange for them to be delivered to you. **This is a citywide scheme.**

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## “Just Ask Bob”

If you need shopping, or perhaps have an odd job that needs doing around the house, just ask Bob!

This is a **free** service for people who need a bit of help and have no-one else to ask. Please note that all goods do need to be paid for.

Phone HALE on **01274 271088** to discuss how we can help.